My TEZSPIRE™ Patient Journey Guide

A resource to help you through self-injection with your TEZSPIRE™ **pre-filled syringe**

TEZSPIRE[™] is a prescription medicine used with other asthma medicines for the maintenance treatment of severe asthma in people 12 years of age and older whose asthma is not controlled with their current asthma medicine.

TEZSPIRE[™] is not used to treat sudden breathing problems.



You and your healthcare team should decide if you or your caregiver should inject TEZSPIRE™. Before using your TEZSPIRE™ pre-filled syringe, your healthcare team should show you or your caregiver how to use it the right way. Read the Instructions for Use (that came in your TEZSPIRE™ product box) for the pre-filled syringe carefully each time you get a refill. There may be new information.





Getting started with TEZSPIRE™

TEZSPIRE[™] comes in a pre-filled syringe with your medication

This guide was developed to help answer questions you may have about using your TEZSPIRE™ pre-filled syringe. Carefully review this guide, which offers helpful information, including:

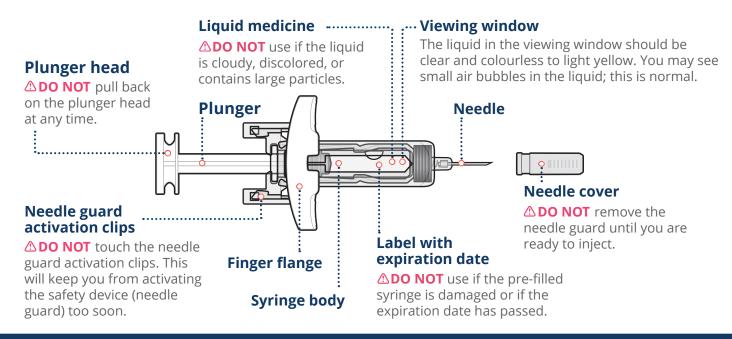
- Step-by-step instructions on how to use your TEZSPIRE[™] pre-filled syringe
- Additional resources and tools

If you are about to perform a self-injection, start by finding a quiet and calm place in your home where you won't be interrupted. Clear a space for the materials you need and sit in a comfortable chair. Read through all the information in this booklet before you start.



Get to know your TEZSPIRE™ pre-filled syringe

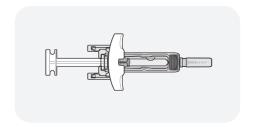
Please review this step-by-step guide *before* you take your medication



Each TEZSPIRE™ pre-filled syringe contains one dose of TEZSPIRE™ that can only be used once.

Step 1: Prepare to inject TEZSPIRE™

Gather your supplies



TEZSPIRE™ pre-filled syringe



Cotton ball or gauze



Alcohol wipe



Bandage (optional)



Sharps disposal container

Step 2: Prepare to use your TEZSPIRE™ pre-filled syringe



Let TEZSPIRE[™] come to room temperature between 20°C to 25°C for about 60 minutes or longer before giving the injection.

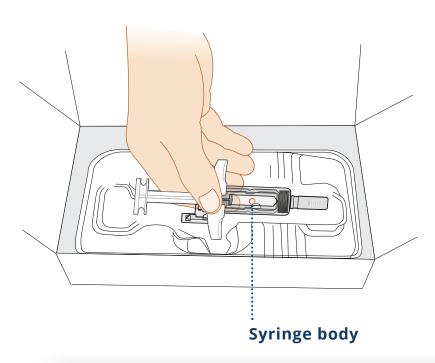
Keep the pre-filled syringe in its original carton to protect it from light.

⚠ **DO NOT** warm the pre-filled syringe in any other way, such as using a microwave or hot water, in direct sunlight, or other heat sources.

DO NOT put TEZSPIRE[™] back in the refrigerator after it has reached room temperature. Dispose of TEZSPIRE[™] that has been stored at room temperature for over 30 days.

△ **DO NOT** remove the cap until Step 7.

Step 3: Remove the pre-filled syringe



Grab the syringe body to remove the pre-filled syringe from its tray.

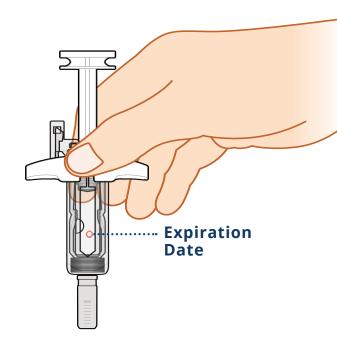
△ **DO NOT** grab the pre-filled syringe by the plunger.

Step 4: Check the pre-filled syringe

Check the pre-filled syringe for damage.

Check the expiration date on the pre-filled syringe.

Look at the liquid through the viewing window. The liquid should be clear and colourless to light yellow. You may see small air bubbles in the liquid. This is normal. You do not need to do anything about it.



DO NOT inject TEZSPIRE™ if the liquid is cloudy, discoloured, or contains large particles.

Step 5: Choose an injection site

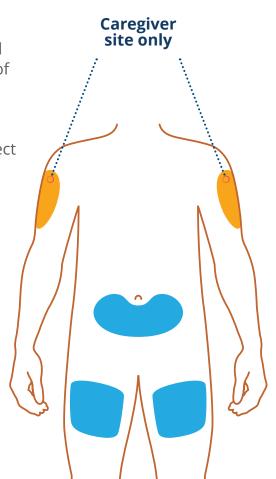
If you are giving yourself the injection, the **recommended injection site** is the front of your thigh or the lower part of your stomach (abdomen). See the filled, blue areas in the image to the right.

△ **DO NOT** inject yourself in the arm. A caregiver may inject you in the upper arm, thigh, or abdomen.

For each injection, choose a different site that is at least 3 cm away from where you last injected.

⚠ DO NOT inject:

- into the 5 cm area around your belly button
- where the skin is tender, bruised, scaly or hard
- into scars or damaged skin
- through clothing



Step 6: Wash your hands and clean the injection site



Wash your hands well with soap and water.



Clean the injection site with an alcohol wipe in a circular motion. Let it air dry.

△ **DO NOT** touch the cleaned area before injecting.

DO NOT fan or blow on the cleaned area.

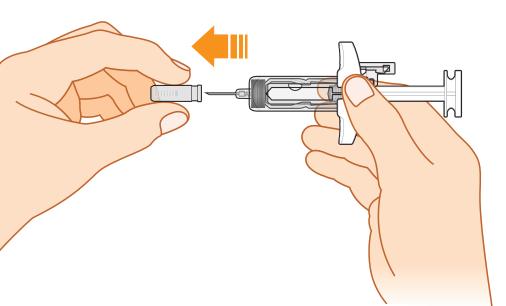
Step 7: Pull off the needle cover

△ **DO NOT** remove the cover until you're ready to inject.

Hold the syringe body with one hand, and carefully pull the needle cover straight off with your other hand.

△ DO NOT hold the plunger or plunger head while removing the needle cover.

Put the needle cover to the side and throw it away later.



You may see a drop of liquid at the end of the needle.
This is normal.

⚠ **DO NOT** touch the needle or let it touch any surface.

△ **DO NOT** put the needle cover back on the syringe.

Step 8: Inject TEZSPIRE™

Hold the pre-filled syringe in one hand as shown. Use your other hand to gently pinch and hold the area of skin where you want to inject. This will make the skin more firm.



△ DO NOT press down on the plunger head until the needle is inserted into the skin.

△ **DO NOT** pull back on the plunger head at any time.

Inject TEZSPIRE[™] by following the steps in figures **a**, **b**, and **c**.

△ DO NOT change the position of the pre-filled syringe after you insert it into the skin.



Position the pre-filled syringe.

Using a 45-degree angle, fully insert the needle into the pinched skin.



Use your thumb to push down on the plunger head.

Keep pushing until it is down as far as it will go to make sure you inject all of the medicine.



Complete the injection.

Keep your thumb pressed down on the plunger head as you take the needle out of the skin. Slowly let go of the plunger until the needle guard covers the needle.



Need more help with self-injection?

Hold your smartphone camera over the QR code to the left to watch a video on how to inject TEZSPIRE™ using the pre-filled syringe.

Step 9: Check the injection site

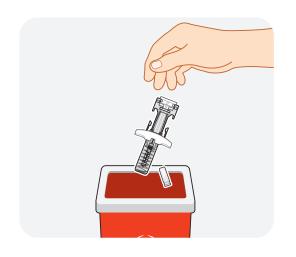


It's normal to have a small amount of blood or liquid where you injected.

Gently hold pressure over your skin with a cotton ball or gauze until the bleeding stops.

△ **DO NOT** rub the injection site. If needed, cover the injection site with a small bandage.

Step 10: Dispose of the used pre-filled syringe safely



Each pre-filled syringe contains a single dose of TEZSPIRE[™] and cannot be used again. **Do not** put the needle cover back on the pre-filled syringe.

Put your used syringe and needle cover in a **sharps disposal container** immediately after use.

Dispose of the full sharps container as instructed by your healthcare team.

⚠ **DO NOT** throw away the syringe in your household trash. Put other supplies in your household trash.

Injection resources available to you



Instructions for Use

This can be found in your TEZSPIRE™ product box.



Using your TEZSPIRE™ Pre-filled Syringe Video

Hold your smartphone camera over the QR code to the left to access the video.



The Connect360 Patient Support Program provides resources designed for your support and to help you manage your severe asthma, including:

- Reimbursement navigation
- Injection and self-administration training
- Ongoing support
- Educational resources

Call us toll-free at **1 (833) 360-2666** Mon–Fri, 8am–8pm EST or email **connect360@innomar-strategies.com**

Notes



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