My TEZSPIRE™ Patient Journey Guide

A resource to help you through self-injection with your TEZSPIRE™ **pre-filled pen**

TEZSPIRE™ is a prescription medicine used with other asthma medicines for the maintenance treatment of severe asthma in people 12 years of age and older whose asthma is not controlled with their current asthma medicine.

TEZSPIRE™ is not used to treat sudden breathing problems.



You and your healthcare team should decide if you or your caregiver should inject TEZSPIRE™. Before using a TEZSPIRE™ pre-filled pen, your healthcare team should show you or your caregiver how to use it the right way. Read the Instructions for Use (that came in your TEZSPIRE™ product box) for the pre-filled pen carefully each time you get a refill. There may be new information.





Getting started with TEZSPIRE™

TEZSPIRE™ comes in a pre-filled pen with your medication

This guide was developed to help answer questions you may have about using your TEZSPIRE™ pre-filled pen. Carefully review this guide, which offers helpful information, including:

► Step-by-step instructions on how to use your TEZSPIRE™ pre-filled pen

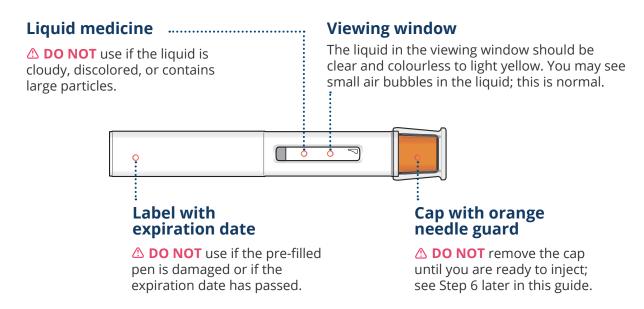
Additional resources and tools

If you are about to perform a self-injection, start by finding a quiet and calm place in your home where you won't be interrupted. Clear a space for the materials you need and sit in a comfortable chair. Read through all the information in this booklet before you start.



Get to know your TEZSPIRE™ pre-filled pen

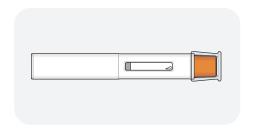
Please review this step-by-step guide *before* you take your medication.



Each TEZSPIRE™ pre-filled pen contains one dose of TEZSPIRE™ that can only be used once.

Step 1: Prepare to inject TEZSPIRE™

Gather your supplies



TEZSPIRE™ pre-filled pen



Cotton ball or gauze



Alcohol wipe



Bandage (optional)



Sharps disposal container

Step 2: Prepare to use your TEZSPIRE[™] pre-filled pen



Let TEZSPIRE™ come to room temperature between 20°C to 25°C for about 60 minutes or longer before giving the injection.

Keep the pre-filled pen in its original carton to protect it from light.

⚠ **DO NOT** warm the pre-filled pen in any other way, such as using a microwave or hot water, in direct sunlight, or other heat sources.

DO NOT put TEZSPIRE™ back in the refrigerator after it has reached room temperature. Dispose of TEZSPIRE™ that has been stored at room temperature for over 30 days.

△ **DO NOT** remove the cap until Step 6.

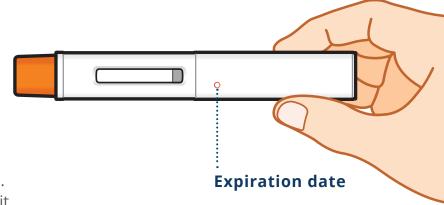
Step 3: Check the pre-filled pen

Grab the middle of the pre-filled pen body to remove the pre-filled pen from its tray.

Check the pre-filled pen for damage.

Check the expiration date on the pre-filled pen.

Look at the liquid through the viewing window. The liquid should be clear and colourless to light yellow. You may see small air bubbles in the liquid. This is normal. You do not need to do anything about it.



DO NOT inject TEZSPIRE™ if the liquid is cloudy, discoloured, or contains large particles.

Step 4: Choose an injection site

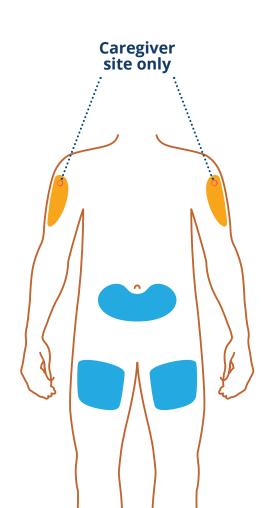
If you are giving yourself the injection, the **recommended injection site** is the front of your thigh or the lower part of your stomach (abdomen). See the filled, blue areas in the image to the right.

△ **DO NOT** inject yourself in the arm. A caregiver may inject you in the upper arm, thigh, or abdomen.

For each injection, choose a different site that is at least 3 cm away from where you last injected.

△ DO NOT inject:

- into the 5 cm area around your belly button
- where the skin is tender, bruised, scaly or hard
- into scars or damaged skin
- through clothing



Step 5: Wash your hands and clean the injection site



Wash your hands well with soap and water.



Clean the injection site with an alcohol wipe in a circular motion. Let it air dry.

△ **DO NOT** touch the cleaned area before injecting.

DO NOT fan or blow on the cleaned area.

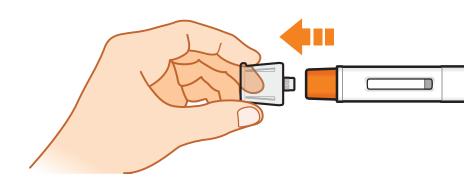
Step 6: Pull off the cap

△ **DO NOT** remove the cap until you're ready to inject.

Hold the pre-filled pen with one hand, and carefully pull the cap straight off with your other hand.

Put the cap to the side and throw it away later.

The orange needle guard is now exposed. The orange needle guard is there to prevent you from touching the needle.



△ **DO NOT** touch or push the needle guard.

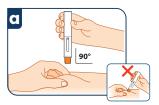
△ **DO NOT** put the cap back on the pre-filled pen.

Step 7: Inject TEZSPIRE™

Follow your healthcare team's instructions on how to inject. You can either gently pinch the skin at the injection site or give the injection without pinching the skin.

Inject TEZSPIRE™ by following the steps in figures **a**, **b**, **c**, and **d**.

△ DO NOT change the position of the pre-filled pen after the injection has started.



Position the pre-filled pen.

- Place the orange needle guard flat against your skin (90° angle).
- ▶ Make sure you can see the viewing window.



Press down firmly until you cannot see the orange needle guard.

- You will hear the first 'click' which tells you the injection has started.
- The orange plunger will move down in the viewing window during the injection.



Hold down firmly for 15 seconds.

- You will hear a second 'click', this tells you the injection has finished.
- ► The orange plunger will fill the viewing window.



After you have completed your injection, lift the pre-filled pen straight up.

The orange needle guard will slide down and lock into place over the needle.



Need more help with self-injection?

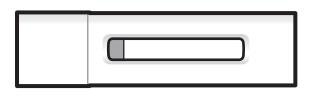
Hold your smartphone camera over the QR code to the left to watch a video on how to inject TEZSPIRE™ using the pre-filled pen.

Step 8: Check the viewing window

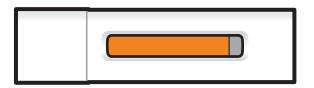
Check the viewing window to make sure all the medicine has been injected.

If the orange plunger rod does not fill the viewing window, you may not have received the full dose.

If this happens or if you have any other concerns, contact your healthcare team.



Before injection



After injection

DO NOT attempt to re-inject a TEZSPIRE™ pre-filled pen. Each TEZSPIRE™ pre-filled pen can only be injected **once**.

Step 9: Check the injection site



It's normal to have a small amount of blood or liquid where you injected.

Gently hold pressure over your skin with a cotton ball or gauze until the bleeding stops.

△ **DO NOT** rub the injection site. If needed, cover the injection site with a small bandage.

Step 10: Dispose of the used pre-filled pen safely



Each pre-filled pen contains a single dose of TEZSPIRE™ and cannot be used again. **Do not** put the cap back on the pre-filled pen.

Put your used pre-filled pen and cap in a **sharps disposal container** immediately after use.

Dispose of the full sharps container as instructed by your healthcare team.

⚠ **DO NOT** throw away the pen in your household trash. Put other supplies in your household trash.

Injection resources available to you



Instructions for Use

This can be found in your TEZSPIRE™ product box.



Using your TEZSPIRE™ Pre-filled Pen Video

Hold your smartphone camera over the QR code to the left to access the video.



The Connect360 Patient Support Program provides resources designed for your support and to help you manage your severe asthma, including:

- Reimbursement navigation
- Injection and self-administration training
- Ongoing support
- Educational resources

Call us toll-free at **1 (833) 360-2666** Mon–Fri, 8am–8pm EST or email **connect360@innomar-strategies.com**

Notes



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